

Alertness for the Family

Being aware of what is taking place around me
so I can respond appropriately

To practice **Alertness**, I will:

- Tell others of danger
- Keep my eyes and ears open
- Recognize and heed warning signals
- Stay away from unsafe places
- Choose to do right before I'm tempted



Family Activity:

Clues

For this activity, everyone needs a sheet of paper and something to write with. Young non-writers can be paired with a parent and their answers recorded for them. Fold the paper to create the number of columns so that there is one column for everyone playing, i.e. a family of 4 would fold their paper into 4 columns. At the top of the first column everyone writes their own name. At the top of the other columns they will write the name of the remaining family members in any order. Number each column from 1 - 5 (you can go higher if you wish to add your own questions that are appropriate for your family). Ask each question and let every family member record their own answer and what they think the other family members will answer. Make sure each person cannot see the other papers. Feel free to use these or any questions appropriate for your family.

1. What is your favorite color?
2. What is your favorite board game?
3. What famous person would you like to meet?
4. Where is your favorite place to visit?
5. If you could have one food every day, what would it be?

Once everyone has finished, start back at the beginning and for each question, have everyone share their answers and let everyone correct their papers. How well did you do? Pick one that someone got right and ask them what clues told them the other person's answer. If anyone was surprised that no one got their answer correct, tell them the clues the family missed.

Process the activity with these or similar questions:

- Did this sound like it would be a hard or easy test?
- Did anyone learn something new about a family member?
- Were you surprised at the answers you or others got wrong?
- Why is it important to be alert around the family? Around the house or neighborhood?

