

## Children's Book List for Teaching Self-Control

*Soda Pop Head* by Julia Cook, illustrated by Allison Valentine

*Miss Molly's School Of Manners* by James MacLaine, illustrated by Rosie Reeve

*No More Tantrums* by Maria van Lieshout

*Allie All Along* by Sarah Lynne Reul

*Baditude! What to Do When Life Stinks!* by Julia Cook, illustrated by Anita DuFalla

*You Get What You Get* by Julie Gassman, illustrated by Sarah Horne

*Overdoing It (Help Me Be Good)* by Joy Berry

*You Are Your Strong* by Danielle Dufayet, illustrated by Jennifer Zivojn

*Cool Down and Work Through Anger* by Cheri J. Meiners, illustrated by Meredith Johnson

*1-2-3 a Calmer Me* by Colleen A. Patterson and Brenda S. Miles, illustrated by Claire Keay

*When Miles Got Mad* by Samantha Kurtzman-Counter

*How Do Dinosaurs Say I'm Mad?* by Jane Yolen, illustrated by Mark Teague

*Self Discipline* by Lucia Raatma

*Of Course It's a Big Deal* by Bryan Smith, illustrated by Lisa M. Griffin

For **activities** to teach Self-Control visit  
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