

Resilience

Character... It starts with me!

ROBIN'S READING LIST

Vs. Hopelessness

I WILL

- Learn from my mistakes and then let them go.
- Not compare my situation to others.
- Not let a failure in one area affect my attitude in other areas.
- Ask for help when I need it.
- Look for reasons to have hope.

Recovering from Adversity

Would You Rather by: J. Birmingham

A good source to use for discussion about the consequences of the choices we make.

Chrysanthemum by: Kevin Henkes

Adult support helps Chrysanthemum feel better when her peers make fun of her name.

Alexander and the Terrible, Horrible, No Good, Very Bad Day by: Judith Viorst

A young boy has a day when nothing goes right. His mom tells him that some days are just like that while helping him to accept that things will change... for the better.

A Splash of Red: The Life and Art of Horace Pippin by: Jen Bryant

This beautifully illustrated story tells the tale of a talented artist who grows up immersed in the joy of creating art until he is tragically injured in a war. Very patiently, with great determination, he slowly regains some of the control in his injured right arm, and although his abilities aren't exactly the same, he goes on to become a celebrated artist.



Because of Winn-Dixie by: Kate Di Camillo

Abandoned by her mother years ago, Opal (AnnaSophia Robb), a 10-year-old girl, moves with her preacher father (Jeff Daniels) to a small town in Florida. Lonely and missing her old friends, Opal is ecstatic to find companionship with a rambunctious little dog she names Winn-Dixie, after the store where she found the pup. With Winn-Dixie's help, Opal befriends several colorful townsfolk who help her in overcoming the loss of her mother and her anxieties.

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Robin's Reading List

Wonder by R.J. Palacio

August (Auggie) Pullman was born with a facial deformity that prevented him from going to a mainstream school—until now. He's about to start 5th grade at Beecher Prep, and if you've ever been the new kid then you know how hard that can be. The thing is Auggie's just an ordinary kid, with an extraordinary face. But can he convince his new classmates that he's just like them, despite appearances?

Pax by: Sara Pennybacker

Pax was only a kit when his family was killed, and "his boy" Peter rescued him, and certain Now the war front approaches, and when Peter's father enlists, Peter has to move in with his grandpa. Far worse than being forced to leave home is the fact that Pax can't go. Peter listens to his stern father—as he usually does—and throws Pax's favorite toy soldier into the woods. When the fox runs to retrieve it, Peter and his dad get back in the car and leave him there—alone. But before Peter makes it through even one night under his grandfather's roof, regret and duty spur him to action; he packs for a trek to get his best friend back and sneaks into the night. This is the story of Peter, Pax, and their independent struggles to return to one another against all odds.

An Uncomplicated Life: A Father's Memoir of his Exceptional Daughter by: Paul Daugherty

This is the true story of a father's moving and funny story of his daughter with Down Syndrome whose vibrant and infectious approach to life has something to teach all of us about how we can better live our own. The stories shared show his daughter's capacity to be aware of and express her emotions as well as handling her interpersonal relationships empathetically. It also shows the love and persistence of her family to help her in overcoming obstacles.



The Fault In Our Stars by: John Green

Despite the tumor-shrinking medical miracle that has bought her a few years, Hazel has never been anything but terminal. Despite this, she is a girl with a vibrant mind, quick wit and incredible empathy for the position into which she puts her parents of having to care for her. At a church support group, she meets Augustus and, together, they share an incredible journey, one another's pain and lift each other up until the very end.

Beneath a Meth Moon - Jacqueline Woodson

This is the story of a young girl carving a new life for herself after Hurricane Katrina kills her beloved mother and grandmother. When Laurel Daneau's haunting past catches up with her, she must battle addiction to come out on top